



# Sequim Middle School Menu February 2022



Our menus are aligned with the USDA's "Healthier US School Challenge"

	1 Supreme Pizza Corn Dog w/ Tots Crispy Chicken Salad	2 Teriyaki Chicken Rice Bowl Spicy Chicken Sandwich w/ Fries Chicken Caesar Salad	3 Pulled Pork Nacho Bowl Cheeseburger w/ Tots Italian Sub Sandwich	4 <b>EARLY RELEASE</b> <b>Sack Lunch Available</b>  
7 Cheese Pizza Cheeseburger w/ Fries Ham Sub Sandwich	8 Supreme Pizza Corn Dog w/ Tots Crispy Chicken Salad	9 Broccoli Beef Rice Bowl Spicy Chicken Sandwich w/ Fries Chicken Caesar Salad	10 Buffalo Chicken Pizza Cheeseburger w/ Tots Italian Sub Sandwich	11 Pepperoni Pizza Popcorn Chicken and WG Roll w/ Fries Chicken Bacon Ranch Wrap
14 Cheese Pizza Cheeseburger w/ Fries Ham Sub Sandwich 	15 Supreme Pizza Fish Sandwich Crispy Chicken Salad	16 Teriyaki Chicken Rice Bowl Spicy Chicken Sandwich w/ Fries Chicken Caesar Salad	17 Beef Taco Nachos Cheeseburger w/ Tots Italian Sub Sandwich	18 Pepperoni Pizza Chicken Drumsticks w/ Fries Chicken Bacon Ranch Wrap
21 <b>NO SCHOOL</b> <b>PRESIDENT'S DAY</b>	22 Supreme Pizza Corn Dog w/ Tots Crispy Chicken Salad	23 Broccoli Beef Rice Bowl Spicy Chicken Sandwich w/ Fries Chicken Caesar Salad	24 Buffalo Chicken Pizza Cheeseburger w/ Tots Italian Sub Sandwich	25 Pepperoni Pizza Chicken Parmesan Sandwich Chicken Bacon Ranch Wrap
28 Beef Tot'chos Corn Dog w/ Tots Crispy Chicken Salad				



Fresh Fruits & Vegetables available daily. Locally grown items offered whenever seasonally available.  
Low Fat or Fat Free Milk included with all meals.



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