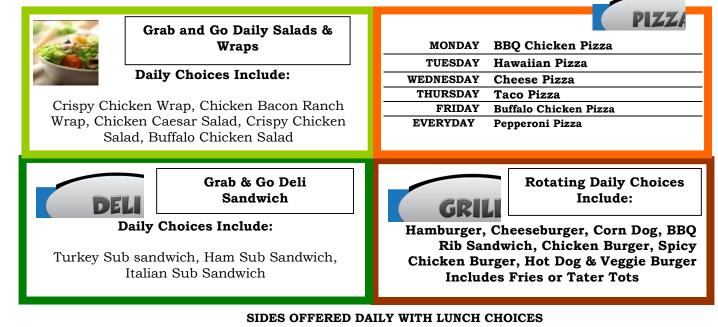
## Sequim High School January 2022



Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Vegetables and Low Fat or ate Milk

Low	Fat	Chocol	a

Monday	Tuesday	Wednesday	Thursday	Friday
Jan 3	Jan 4	Jan 5	Jan 6	Jan 7
<b>BBQ Chicken Pizza</b>	Hawaiian Pizza	Pepperoni Pizza	Taco Pizza	Buffalo Chicken Pizza
Pepperoni Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza
Special: Pulled Pork	Cheeseburger w/ Tots	Special: Teriyaki Beef &	Cheeseburger w/ Tots	Chicken Burger w/ fries
Sandwich	Crispy Chicken Salad	Broccoli over Rice	Buffalo Chicken Salad	Chicken Bacon Ranch Wrap
Turkey Sub Sandwich	Turkey Sub Sandwich	Crispy Chicken Wrap	Italian Sub Sandwich	Turkey Sub Sandwich
Ham Sub Sandwich	Chicken Caesar Wrap	Ham Sub Sandwich	Chicken Caesar Wrap	Chef Salad
<b>Buffalo Chicken Wrap</b>	· · · · · · · · · · · · · · · · · · ·	Chef Salad	· · · · · · · · · · · · · · · ·	
Jan 10	Jan 11	Jan 12	Jan 13	Jan 14
	Hawaiian Pizza	Cheese pizza	Taco Pizza	Buffalo Chicken Pizza
BBQ Chicken Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Cheese Pizza
Pepperoni Pizza	Cheeseburger w/ Tots	<b>Special: Chicken Burrito Rice</b>	Cheeseburger w/ Tots	Chicken Burger w/ Fries
<b>Special: Taco Burger</b>	Crispy Chicken Salad	Bowl	<b>Buffalo Chicken Salad</b>	Chicken Bacon Ranch Wrap
Turkey Sub Sandwich	Turkey Sub Sandwich	Crispy Chicken Wrap	Italian Sub Sandwich	Turkey Sub Sandwich
Ham Sub Sandwich	Chicken Caesar Wrap	Ham Sub Sandwich	Chicken Caesar Wrap	Chef Salad
Buffalo Chicken Wrap	-	Chef Salad	-	
Jan 17	Jan 18	Jan 19	Jan 20	Jan 21
	Hawaiian Pizza	Pepperoni Pizza	Taco Pizza	Buffalo Chicken Pizza
MARTIN	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza
THTHER	Cheeseburger w/ Tots	Spicy Chicken Sandwich w/	Cheeseburger w/ Tots	Chicken Burger w/ fries
KING IR	Crispy Chicken Salad	Fries	Buffalo Chicken Salad	Chicken Bacon Ranch Wrap
DAV	Turkey Sub Sandwich	Crispy Chicken Wrap	Italian Sub Sandwich	Turkey Sub Sandwich
	Chicken Caesar Wrap	Ham Sub Sandwich	Chicken Caesar Wrap	Chef Salad
shines we are set of the		Chef Salad		
Jan 24	Jan 25	Jan 26	Jan 27	Jan 28
BBQ Chicken Pizza	Hawaiian Pizza	Cheese pizza	Taco Pizza	Buffalo Chicken Pizza
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Cheese Pizza
Special: Taco Burger	Cheeseburger w/ Tots	Spicy Chicken Sandwich w/	Cheeseburger w/ Tots	Chicken Burger w/ Fries
Turkey Sub Sandwich	Crispy Chicken Salad	Fries	Buffalo Chicken Salad	Chicken Bacon Ranch Wrap
Ham Sub Sandwich	Turkey Sub Sandwich	Crispy Chicken Wrap	Italian Sub Sandwich	Turkey Sub Sandwich
Buffalo Chicken Wrap	Chicken Caesar Wrap	Ham Sub Sandwich	Chicken Caesar Wrap	Chef Salad
-	-	Chef Salad	-	
Jan 31				
NO				
SCHOOL				
and the				

The Sequim School District is an Equal Opportunity Provider

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington. DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY).