






Sequim Middle School Menu December 2021



Our menus are aligned with the USDA's "Healthier US School Challenge"

		<p>1 Teriyaki Beef & Broccoli Over Rice Spicy Chicken Sandwich w/ Fries Chicken Caesar Salad</p>	<p>2 Buffalo Chicken Pizza Cheeseburger w/ Tots Italian Sub Sandwich</p>	<p>3 Early Release Sack Lunch</p> 
<p>6 Cheese Pizza Cheeseburger w/ Fries Ham Sub Sandwich</p>	<p>7 Supreme Pizza Corn Dog w/ Tots Crispy Chicken Salad</p>	<p>8 Sausage Pizza Spicy Chicken Sandwich w/ Fries Chicken Caesar Salad</p>	<p>9 Buffalo Chicken Pizza Cheeseburger w/ Tots Italian Sub Sandwich</p>	<p>10 Pepperoni Pizza Chicken Nuggets and WG Roll w/ Fries Chicken Bacon Ranch Wrap</p>
<p>13 Cheese Pizza Cheeseburger w/ Fries Ham Sub Sandwich</p>	<p>14 Supreme Pizza Corn Dog w/ Tots Crispy Chicken Salad</p>	<p>15 Sausage Pizza Spicy Chicken Sandwich w/ Fries Chicken Caesar Salad</p>	<p>16 Buffalo Chicken Pizza Cheeseburger w/ Tots Italian Sub Sandwich</p>	<p>17 Pepperoni Pizza Chicken Nuggets and WG Roll w/ Fries Chicken Bacon Ranch Wrap</p>
<p>20 WINTER BREAK</p> 	<p>21 WINTER BREAK</p> 	<p>22 WINTER BREAK</p> 	<p>23 WINTER BREAK</p> 	<p>24 WINTER BREAK</p>
<p>27 WINTER BREAK</p>	<p>28 WINTER BREAK</p>	<p>29 WINTER BREAK</p>	<p>30 WINTER BREAK</p>	<p>31 WINTER BREAK</p>



Fresh Fruits & Vegetables available daily. Locally grown items offered whenever seasonally available.
Low Fat or Fat Free Milk included with all meals.



The Sequim School District is an Equal Opportunity Provider. To file a complaint of discrimination, write U.S.
Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue,
SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY).