



MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**1**

**Breakfast:**  
Bagel W/ Cream Cheese  
**Lunch:**  
**Breakfast for Lunch:**  
American Sandwich  
Tot'chos  
*Includes Fruits, Vegetables & Milk*

**2**

**\*\*Meal Pick-Up\*\***  
**Greywolf & Sequim**  
**Middle School**  
11:00 AM- 12:30 PM  
**Central Kitchen**  
4:30-6:00 PM

**3**

**Breakfast:**  
Yogurt W/ Graham Crackers  
**Lunch:**  
Cheeseburger w/ Tots  
Crispy Chicken Salad  
*Includes Fruits, Vegetables, & Milk*

**4**

**Breakfast:**  
Bagel W/ Cream Cheese  
**Lunch:**  
American Sandwich  
Tot'chos  
*Includes Fruits, Vegetables & Milk*

Summer is just around the corner!

**7**

**Breakfast:**  
Apple Frudel  
**Lunch:**  
BBQ Rib Sandwich & Tots  
Garden Salad  
*Includes Fruits, Vegetables & Milk*

**8**

**Breakfast:**  
WG Donut  
**Lunch:**  
Turkey & Cheese Sandwich  
Spicy Chicken Sandwich w/ Tots  
*Includes Fruits, Vegetables, & Milk*

**9**

**\*\*Meal Pick-Up\*\***  
**Greywolf & Sequim**  
**Middle School**  
11:00 AM- 12:30 PM  
**Central Kitchen**  
4:30-6:00 PM

**10**

**Breakfast:**  
Apple Frudel  
**Lunch:**  
BBQ Rib Sandwich & Tots  
Garden Salad  
*Includes Fruits, Vegetables, & Milk*

**11**

**Breakfast:**  
WG Donut  
**Lunch:**  
Turkey & Cheese Sandwich  
Spicy Chicken Sandwich w/ Tots  
*Includes Fruits, Vegetables & Milk*

Show your community you care! Clean up a park or plant a garden this summer!

**14**

**Breakfast:**  
Cinni Minni  
**Lunch:**  
Cheeseburger & Tots  
Italian Sub  
*Includes Fruits, Vegetables & Milk*

**15**

**Breakfast:**  
Cereal w/ String Cheese  
**Lunch:**  
Italian Sub  
Fish Sandwich w/ Tots  
*Includes Fruits, Vegetables & Milk*

**16**

**Breakfast:**  
Cinni Minni  
**Lunch:**  
Cheeseburger & Tots  
Italian Sub  
*Includes Fruits, Vegetables & Milk*  
**\*Last Day BB\***

**17**

**Please check with your child's school to see if remote classes today. Have a Great Summer Break!**

**18**

**SUMMER BREAK**  
**HAVE A GREAT SUMMER!**

June 21- 30 Meals Available at Summer School Each Day ~ Meal Pick-Up will remain every Wednesday @ SMS & GW 11-12:30 and CK 4:30-6:00 PM

**21**

**Breakfast:**  
Blueberry Muffin  
**Lunch:**  
Italian Sub  
*Includes Fruits, Vegetables & Milk*

**22**

**Breakfast:**  
Apple Frudel  
**Lunch:**  
Chicken & Cheese Nachos  
*Includes Fruits, Vegetables & Milk*

**23**

**Breakfast:**  
Egg & Cheese Muffin Sandwich  
**Lunch:**  
6" Personal Pizza  
*Includes Fruits, Vegetables & Milk*

**24**

**Breakfast:**  
Pancakes  
**Lunch:**  
Chicken Nuggets & Tots  
*Includes Fruits, Vegetables & Milk*

**25**

**Breakfast:**  
Bagel w/ Cream Cheese  
**Lunch:**  
Corn dog  
*Includes Fruits, Vegetables, & Milk*

Meal Pick-Up Every Wednesday Thru Summer~ Menus will be in bag for meals to pick-up!

**28**

**Breakfast:**  
Blueberry Muffin  
**Lunch:**  
Italian Sub  
*Includes Fruits, Vegetables & Milk*

**29**

**Breakfast:**  
Apple Frudel  
**Lunch:**  
Chicken & Cheese Nachos  
*Includes Fruits, Vegetables & Milk*

**30**

**Breakfast:**  
Egg & Cheese Muffin Sandwich  
**Lunch:**  
6" Personal Pizza  
*Includes Fruits, Vegetables & Milk*



## A Guide to Safety with School Meals in the Wake of COVID-19

As the world continues the long journey back to normalcy after the COVID-19 pandemic, many students are gearing up to start a new academic year faced with new, extraordinary challenges. The start of a school year can cause anxiety for both new and returning students and parents, and recent events have added reasonable concerns about health and

safety in the wake of the global pandemic that altered the way we live, work and learn. Sodexo understands these concerns, and we are committed to protecting the health and safety of everyone who eats in our schools, as well as all members of our foodservice staff.



Download our app for more information about our school lunches.

### Phased Approach

The world will not return to normal overnight, and neither will our schools. Rather, we will move in steps toward a "new normal" that safeguards health while allowing school activities to resume. Our phased approach enables foodservice teams to proactively support each level of this transition with appropriate tools and techniques that strictly follow local, state, and federal guidelines.



#### Personal Protective Equipment (PPE)

Employees will wear masks and gloves.



#### Hand Washing

Staff will continue to wash hands frequently.



#### Team Member Health

Employees will regularly report on their health, including temperature checks.



#### Food Safety

Self-service options will be eliminated.



#### Sanitizing and Disinfecting

High-touch surfaces will be cleaned frequently with professional-grade products.

We know how difficult the last few months have been, and we recognize that students and parents may have reservations about dining outside the home. We want to assure you that our foodservice teams take every precaution to deliver safe, high-quality food in a carefully controlled environment. Safeguarding the health and well-being of every member of the school community is our highest priority. Although there may be challenges ahead as the world recovers, we are optimistic that together we can rise to these challenges. Driven by a confident resolve, Sodexo's careful and systematic approach will keep students, faculty, and staff, who eat our meals at school, safe and healthy.

*Our foodservice facility prepares and serves some products which may contain ingredients identified as food allergens. For more information on food allergies, go to <http://www.foodallergy.org/>.*

### Fresh Pick Recipe

#### WATERMELON SALSA

- 2 c Watermelon (medium dice)
- 1 c Cucumber (medium dice)
- ¼ c Pineapple (medium dice)
- ¼ c Onion (small dice)
- 1 Jalapeno pepper (minced)
- 2 T Lime Juice
- 1 T Orange juice
- 1 T Honey
- Salt and pepper to taste

1. Prepare all ingredients as directed.
2. In medium bowl mix all ingredients together.
3. This dish can be served with baked corn chips or grilled meats.



Summer is just around the corner!

We will be offering free meal pick-up through the Summer. Every Wednesday: Greywolf & Sequim Middle School 11:00AM-12:30PM and Central Kitchen 4:30PM-6:30PM. You will receive Breakfast & Lunch for 7 days- Menus and heating instructions will be included in bag. If you are attending any of the locations Summer School Programs you will be getting a Breakfast & Lunch sent with you.

Check District Website for updates and details.

BE SAFE AND HAVE A WONDERFUL SUMMER!



10% post-consumer



Nutrition Information is available upon request.

